

COAST TO KOSCIUSZKO ULTRAMARATHON 2009

SUPPORT CREWS		<i>Comments</i>
0.00	<ul style="list-style-type: none"> • Twofold Bay – start at beach immediately South of Nullica River mouth 	
	<ul style="list-style-type: none"> • From car park turning circle adjacent to toilet, take unsealed W road to Princess Highway 	
300m	<ul style="list-style-type: none"> • R @ Princess Highway 	
	<ul style="list-style-type: none"> • Cross Nullica River bridge 	
km 2.3	<ul style="list-style-type: none"> • L into Towamba Road 	Reset odometer to Zero to correlate with distance covered by runners.
3.9 km on reset odometer /6.1 km in total	<ul style="list-style-type: none"> • Nullica Road Junction. Runners to emerge from Pump Creek Fire Trail (100 metres back) • Continue on Towamba Rd (straight ahead) 	
RUNNERS		
0.00	<ul style="list-style-type: none"> • Start from beach in Twofold Bay immediately South of Nullica River mouth 	
300 m	<ul style="list-style-type: none"> • R @ Princess Hwy. • <u>DO NOT CROSS</u> Hwy here. Keep to right of safety barrier to cross Nullica River Bridge on footpath • Cross Hghwy <u>AFTER</u> bridge 	
900 m	L onto firetrail 50m after ' <u>KEEP LEFT UNLESS OVERTAKING</u> ' sign	
1.9 km	<ul style="list-style-type: none"> • L @ T intersection forestry service Road 	
2.2 km	<ul style="list-style-type: none"> • R onto Brandy Creek firetrail. 	

	<ul style="list-style-type: none"> • L @ Brandy Creek Ft/Pump Creek Ft intersection 	
3.8 km	<ul style="list-style-type: none"> • L @ Towamba Rd intersection 	
3.9 km	<ul style="list-style-type: none"> • Meet crew @ Nullica Rd junction • Continue on Towamba Rd (straight ahead) 	
5.2 km	<ul style="list-style-type: none"> • R @ 'Route 10' Sign 	
13.3 km	<ul style="list-style-type: none"> • Straight ahead @ Ben Boyd Forest Road intersection 	
23.9 km	<ul style="list-style-type: none"> • RUNNER/CREW RENDEZVOUS POINT: Support crews wait for runners here • Straight ahead @ Pericoe Road intersection ("Wyndam 27" sign) 	
32.8	<ul style="list-style-type: none"> • Jingo Creek 	
36.1	<ul style="list-style-type: none"> • L @ Big Jack Mountain Road intersection ("Rocky Hall 15" sign) 	
42.2	<ul style="list-style-type: none"> • Marathon point located approximately 100 metres beyond causeway 	
44.6	<ul style="list-style-type: none"> • Remain on big Jack Road (straight ahead @ intersection with New Building Road) 	
56.3	<ul style="list-style-type: none"> • Cross Towamba River and commence climb of Big Jack Mountain 	
63.5	<ul style="list-style-type: none"> • Top of Big Jack Mountain and open farming country 	
65.5	<ul style="list-style-type: none"> • L @ T intersection with Mt Darrah Road (toward Cathcart) 	
71.3	<ul style="list-style-type: none"> • Cross over Dragan Swamp bridge and continue to sign to COOMA. Turn R 	

80.8	<ul style="list-style-type: none"> • L then immediate R onto Monaro Highway – follow signs to COOMA (Black Lake Road) <p>** Runners – run against traffic – cross Bombala River</p>	
81.0	<ul style="list-style-type: none"> • L into Bukalong Siding Road (unsealed) <p>** <u>Runners cross Monaro Highway here</u></p>	
85.8	<ul style="list-style-type: none"> • Cattle grid crossing <p>** Runners note – there will be numerous cattle grids situated on next 20 km of route – please take care</p>	
86.7	<ul style="list-style-type: none"> • Cross disused rail line <p>** Cattle grid on other side</p>	
90.0	<ul style="list-style-type: none"> • R @ T junction Gunningrah Road 	
97.4	<ul style="list-style-type: none"> • Cross Cambalong Creek 	
97.6	<ul style="list-style-type: none"> • Road Divides. Take R hand fork of road 	CREWS: It would be helpful to make sure your runner takes the correct path
102.0 approx	<ul style="list-style-type: none"> • Big dead tree on right on uphill section. 	
106.7	<ul style="list-style-type: none"> • L @ T intersection (This is Snowy River Way – but is not signposted) <p>(Signpost to Gunningrah Rd which points back on route just covered – Snowy River Way not signposted, unsealed, downhill)</p>	
110.6	<ul style="list-style-type: none"> • Mileage marker sign “BE 55” (Berridale) 	
114.0	<ul style="list-style-type: none"> • Cross Allan Caldwell Bridge – MacLaughin River 	

125.0	<ul style="list-style-type: none"> Sealed Road – Shire boundary sign 	
133.6	<ul style="list-style-type: none"> Straight ahead past COOMA turnoff on right – <u>DO NOT TURN</u> 	
147.2	<ul style="list-style-type: none"> “DALGETY elevation 760 metres sign” on right 	DALGETY CUT-OFF 6:30 AM SATURDAY
147.9	<ul style="list-style-type: none"> L @ T intersection towards JINDABYNE VIA BELOKA 35 km 	<p>Limited services at Dalgety</p> <ul style="list-style-type: none"> Service Station 8:30 am – 12:30 pm Iona Gardens Café – Fri 10am – 5pm Pub
148.1	<ul style="list-style-type: none"> R over Snowy River Bridge (Still on Snowy River Way) 	
148.6	<ul style="list-style-type: none"> R @ fork in road (Still on Snowy River Way follow JINDABYNE sign) 	
162.1	<ul style="list-style-type: none"> Base of very steep hill (Commence climb of Beloka Range) 	
177.0	<ul style="list-style-type: none"> Straight ahead @ roundabout 	
177.5	<ul style="list-style-type: none"> R @ T intersection onto Barry Way enroute to Jindabyne 	
182.8	<ul style="list-style-type: none"> Straight down hill, cross @ roundabout, turn left onto bike path beside lake 	<p>Crews turn left at roundabout toward Kosci. Turn right for Jindabyne services.</p> <ul style="list-style-type: none"> Supermarket 7:30 am – 8:00 p.m. BP Petrol Station 6 am – 10 pm daily
183.7	<ul style="list-style-type: none"> Continue straight ahead (toward Perisher Valley/Charlotte Pass) 	
189.4	<ul style="list-style-type: none"> Cross Thredbo River 	THREDBO RIVER CUT-OFF 2:30 PM SATURDAY

195.1	<ul style="list-style-type: none"> • Cross @ Sawpit Creek 	
203.3	<ul style="list-style-type: none"> • Guthega turnoff – continue straight ahead 	
210.8	<ul style="list-style-type: none"> • Smiggins Holes 	
212.4	<ul style="list-style-type: none"> • Perisher Village 	
215.9	<ul style="list-style-type: none"> • Guthrie Creek 	
221.6	<ul style="list-style-type: none"> • Start of 9 km Summit Trail to Kosci from Charlotte Pass 	CHARLOTTE PASS CUT-OFF 12 MIDNIGHT SATURDAY
230.8	<ul style="list-style-type: none"> • Strezleki monument (Kosciuszko summit). 	
240.0	<ul style="list-style-type: none"> • Charlotte Pass – FINISH @ Summit Road Trailhead 	FINISH LINE CUT-OFF 3:30 AM SUNDAY